NHS Family doctor services registration GMST

Patient's details	Please complete in BLOCK CAPITALS and tick 🗹 as appropriate
Mr Mrs Miss Ms	urname
Date of birth Fi	rst names
NHS Pr	revious surname/s
I i Male I I Ecmalo	own and country
Home address	f birth
Postcode Te	elephone number
	us medical records by providing the following information
Your previous address in UK	Name of previous GP practice while at that address
	Address of previous GP practice
	A Mark Target and Mark Target
If you are from abroad	
Your first UK address where registered with	haGP
	e de la Constantina del Constantina de la Constantina del Constantina de la Constant
If previously resident in UK,	Date you first came
date of leaving	to live in UK
Were you ever registered with an	n Armed Forces GP K Armed Forces and/or been registered with a Ministry of Defence GP in the
	Veteran Family Member (Spouse, Civil Partner, Service Child)
Address before enlisting:	
Sanisa as Darramad aumhan	Postcode Pos
Footnote: These questions are optional and	d your answers will not affect your entitlement to register or receive services ome NHS priority and service charities services.
If you need your doctor to disper	nse medicines and appliances*
☐ I live more than 1.6km in a straigh	"Not all doctors are
would have serious difficulty in g	etting them from a chemist
Signature of Patient	Signature on behalf of patient
	Date / /
What is your ethnic group? Please tick one box that best describes your e	thnic group or background from the options below:
<u> </u>	aveller Traveller Gypsy/Romany Polish
	White and Black African White and Asian e in):
Asian or Asian British: Indian Pak	istani Bangladeshi
	African Somali Nigerian
Other ethnic group: Chinese Filipi Any other ethnic group (please write in):	ino
Not stated:	has been given the opportunity to state their ETHNIC CATEGORY but chose not to.
NHS England use only Patient registe	ered for GMS Dispensing
062021_006 Product Code: GMS1	



Practice Name	(c) bara-	Practice Code	
I have accepted this patient for	general medical services on be	≥half of the practice	
☐ I will dispense medicines/appliance	ces to this patient subject to N	IHS England approval.	
I declare to the best of my belief this info	ormation is correct	Practice Stamp	
Authorised Signature			
Name	Date//		
<u>SUPPLEMENTARY QUESTIONS</u> – Thes answers will not affect your entitlem			
PATIENT DECLARAT	ION for all patients who are	e not ordinarily resident in the UK	
ordinarily resident broadly means living of countries outside the European Econo Some services, such as diagnostic tests of all people, while some groups who are a More information on ordinary residence patient leaflet, available from your GP programme or the service of the s	ent' in the UK you may have to p. lawfully in the UK on a properly omic Area must also have the stat f suspected infectious diseases an not ordinarily resident here are ex exemptions and paying for NHS practice.	pay for NHS treatment outside of the GP practices that settled basis for the time being. In most case that of 'indefinite leave to remain' in the UK. and any treatment of those diseases are free descent from all treatment charges. Services can be found in the Visitor and Mineral Control of the Control of	es, nationals of charge to grant
you may be charged for your treatment immediately necessary or urgent treatm. The information you give on this form with NHS secondary care organisations recovery. You may be contacted on beh Please tick one of the following boxes: a) I understand that I may need to b I understand I have a valid exem	t. Even if you have to pay for a se nent, regardless of advance paym will be used to assist in identifyin (e.g. hospitals) and NHS Digital, the nalf of the NHS to confirm any de pay for NHS treatment outside conption from paying for NHS treatment	ng your chargeable status, and may be share for the purposes of validation, invoicing and etails you have provided.	y ed, including d cost udes for
provide documents to support this whe	atus		
action may be taken against me. A parent/guardian should complete the	·	te. I understand that if it is not correct, app	горпате
Signed:		Date: DD MM YY	
Print name. On behalf of:		Relationship to patient:	
		to the UK to study or retire, or if you liv section if you have an EHIC issued by th	
	NCE CARD (EHIC), PROVISION YES: NO: Country Code.	If yes, please enter details from yo PRC below.	
	3: Name 4: Given Names 5: Date of Birth 6: Personal Identification Number	DD MM YYYY	
If you are visiting from another EEA country and do not hold a current EHIC (or Provisional Replacement Certificate (PRC))/S1, you may be billed for the cost of any treatment received outside of the GP practice, including	7. Identification number of the institution. 8. Identification number of the card	·	
at a hospital.	9: Expiry Date	DD IMM YYYY	
PRC validity period (a) From:	DD MM YYYY	(b) To: DD MM YYY	Υ
		ou have been posted here by your emplo Please give your S1 form to the practice	
and GP appointment data will be sha cost-recovery. Your clinical data will no Your EHIC, PRC or S1 information will	red with NHS secondary care (hot-be-shared in the cost-recove	C for NHS treatment costs your EHIC or PI hospitals) and NHS Digital solely for the pery process. ce Authority for the purpose of recoverin	ourposes of
costs from your home country.			

NEW PATIENT QUESTIONNAIRE

Botolph Bridge Community Health Centre

OOA	NHS	TR	PP	ID check Initial	

We would be grateful if you could fill in this form. All information given will be treated as CONFIDENTIAL. If you need any assistance completing the form, please ask at reception; they will be happy to help.

Surname:	First Name(s):
Marital Status: Single / Married / Divorced / Separated / Widowe	d / Cohabiting Male / Female
Former Name:	Title:
Date of Birth:	Town / City of Birth:
Ethnicity:	Country of Birth:
Religion:	Parental responsibility:
School attending:	How many siblings:
Are you an Asylum Seeker Yes / No Interpreter Required?	Yes / No Nationality:
Vlain Language:	Year of Entry in UK:
Address:	
f you are registering as an out of area patient you may not be eli	gible for home visits. Please confirm that you are aware of t
process for receiving care whilst at home. Yes /	No
Previous address:	
	Postcode:
	· Oscouci
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Telephone Home: Mobile: Email addresses may be shared with the surgery Patient Participal behalf. If you prefer not to be included in their mailings please of Some occupations carry particular health risks. If you think that wow. Occupation: Please let us know who you would like us to contact if anything something the following for registration: Please bring the following for registration: Passport/ identification with photo- No photo copy NHS card or equivalent It is important that you attend your New patient check as soon as	Telephone Work: Email: tion Group, so patients are aware of their activities, on their eck this box. rou are or have been involved in such activities, please let us Previous Occupation(s): nould happen to you. Relationship to you: Contact Tel: Utility Bill with current home address

If so, what help do you need?

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Everyo	ne in the surge	ery has a na	med GP. You wi		med GP be assigned D	r Rupert Banka	irt as a regul	ar GP. If you	ı would prefer
to non	ninate another	GP please i	ndicate here:			***************************************			
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	Pressure					Disease	Illness		
Any co	nsultants or h	ospital adm	issions: Medica	 condition/ op	eration and ye	ar of			
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		lication and	repeat prescri	otion from you	r previous surg	ery.			
NAME	OF DRUG			STREN				DAILY TOTA	L
Are yo	u allergic to ar	ny drugs? (e	g Penicillin) Or	anything else? FAMIL OF THE FOLLO	(eg latex) Y HISTORY WING? (please	e tick)			
-	Blood S sure	Stroke	Cancer	Asthma	Diabetes	Heart Dis	ease Men	tal-Illness	Other
Other .	/ further infor	mation:							
				4		:	*************		
Have y Would Please	How often d a. Never, I How many s a. NA, b. 1 How often d a. Never, I ng ou ever smoke ou ever tried t you like to bo	tandard alc -2, c. 3-4, o you have c. Less than ed? Ye o quit smol ok into the wish to rec	-	ing alcohol. times per mono you have on a 8, f. 10+, dard drinks on Monthly, d. W Do you smoke r ion clinic IVE SMS (TEXT) ent reminders.	one occasion. Veekly, e. Da ow? Yes / I Yes / I Yes / I MESSAGES Of	ily or most da No If yes ho No No YOUR MOBI ortant messago	ys w many LE PHONE es from the		ek No
	2,		our signature:				. [

Your health record Clinical Commissioning Group and sharing of information

Please read both sides of this leaflet carefully. It provides information about the choices you can make about sharing your health record.

Your heath record includes your medical history, details about your medication and any allergies you may have. You can now choose whether to share these full medical details.

We use a secure electronic health records system called SystmOne. With your permission, this system can allow clinicians to share your full record held here with other healthcare services who are providing care for you. These other services will ask your permission to view your record.

Many organisations may use SystmOne including some GP practices, out of hours services, children's services, community services and some hospitals. Sharing your health record will help us deliver the best level of care for you.

You have two choices which allow you to control how your record is shared. You can change these choices at any time by letting the relevant practice or service know.

Please read the other side of this leaflet and fill in your choices. You may wish to keep this section for future information. Please contact the Patient Experience Team on 0800 279 2535 or capccq.pet@nhs.net if you have any queries.

Please note: if you have previously opted out of sharing your information via the Summary Care Record, you will still need to complete this form with your choices about sharing your health record within SystmOne.

For further details visit www.cambridgeshireandpeterboroughccg.nhs.uk

Please complete your details	below AND make your choices OVERLEAF
Patient name:	
Date of birth:	
Address:	
	Phone Phone
Signature:	Date:
Please complete a separate forn	n for each of your dependents.
	ection and return to the practice or service
receptionist	NHS Combridgeshire and Peterborough CCG—July 2013.

Cambridgeshire and Peterborough Clinical Commissioning Group

Your choices at each practice or service

Sharing OUT - This controls whether your information recorded at this practice or service can be shared with other healthcare services.

Sharing IN - This determines whether or not this practice or service can view information in your record that has been entered by other services who are providing care for you, or who may provide care for you in the future.

Imagine you're receiving care from three services: your GP, a district nurse and a smoking clinic. You want your GP and District Nurse to share information with each other and you want both of them to know your progress at the smoking clinic. However, you don't want the smoking clinic to see any of your other medical information.

Your sharing choices at each practice or service would be:

- The GP can share information IN and OUT.
- The district nurse can share IN and OUT.
- The smoking clinic can only share information OUT but not IN.

You can change your choices at any time. Let each practice or service know.

Note: You can request individual entries in your record to be marked as 'Private'. These are not shared with the rest of your record even if you choose to share out.

Ge C		Snicking Clinic
	District bit ness	

The choices you would like to make about sharing your health record:
SHARING OUT I would like my health record at this practice or service to be shared with other healthcare services providing care for me. Yes No
SHARING IN I would like this practice or service to be able to view information in my health record that has been recorded by other healthcare services. Yes No
My choices apply to my record here atPRACTICE or SERVICE
Complete both sides of this section and return to the practice or service
receptionist NHS Cambridgeshire and Peterborough CCG—July 2013





Your emergency care summary

CONFIDENTIAL

OPT-OUT FORM

Request for my clinical information to be withheld from the **Summary Care Record**

If you DO NOT want a Summary Care Record please fill out the form and send it to your GP

practice		
A. Please complete in BLOCK CAPITALS		
Title	Surname / Family name	vancananananananananananananananan
Forename(s)	nanananananananananananananananananana	orandrananananananananananananananananana
Address		
Postcode	Phone No	Date of birth ,
NHS Number (if known)		······································
	alf of another person or a child, their GP n section A and your details in section B	
Your name	e Pritishananananananananananananananananananan	Your signature
Relationship to patient		Date
What does it mean if I DO NOT have a Summary Care Record?		
NHS healthcare staff caring for you may not be aware of your current medications, allergies you suffer from and any bad reactions to medicines you have had, in order to treat you safely in an emergency.	Your records will stay as they are now with information being shared by letter, email, fax or phone.	If you have any questions, or if you want to discuss your choices, please: - phone the Summary Care Record Information Line on 0300 123 3020; - contact your local Patient Advice Liaison Service (PALS); or - contact your GP practice.

FOR NHS USE ONLY

Actioned by practice: yes/no



TYPE 2 DIABETES RISK ASSESSMENT FORM

Circle the right alternative and add up your points.

1. Age

Under 45 years 0 p.

2 p. 45-54 years

55-64 years 3 p.

Over 64 years 4 p.

2. Body-mass index

(See reverse of form)

Lower than 25 kg/m² 0 p.

1 p. 25-30 kg/m²

3 p. Higher than 30 kg/m2

3. Waist circumference measured below the ribs (usually at the level of the navel)

MEN

WOMEN

Less than 94 cm

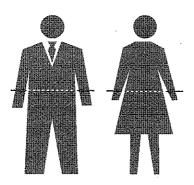
Less than 80 cm

94-102 cm

80-88 cm

More than 102 cm

More than 88 cm



4. Do you usually have daily at least 30 minutes of physical activity at work and/or during leisure time (including normal daily activity)?

0 p.

Yes 2 p.

5. How often do you eat vegetables, fruit or berries?

0 p.

Every day

1 p.

Not every day

6. Have you ever taken medication for high blood pressure on regular basis?

0 p.

No

2 p. Yes

7. Have you ever been found to have high blood glucose (eg in a health examination, during an illness, during pregnancy)?

0 p.

No

5 p. Yes

8. Have any of the members of your immediate family or other relatives been diagnosed with diabetes (type 1 or type 2)?

0 p. Νo

15-20

3 p. Yes: grandparent, aunt, uncle or first

cousin (but no own parent, brother, sister

Yes: parent, brother, sister or own child 5 p.

fotal Risk Score		
The risk of developing		
type 2 diabetes within	10 years	İŞ

Lower than 7 Low: estimated 1 in 100

will develop disease

7-11 Slightly elevated:

estimated 1 in 25 will develop disease

12-14 Moderate: estimated 1 in 6

will develop disease High: estimated 1 in 3

will develop disease Very high:

Higher than 20 estimated 1 in 2 will develop disease

Please turn over



Finnish Diabetes Association

WHAT CAN YOU DO TO LOWER YOUR RISK OF DEVELOPING TYPE 2 DIABETES?

You can't do anything about your age or your genetic predisposition. On the other hand, the rest of the factors predisposing to diabetes, such as overweightness, abdominal obesity, sedentary lifestyle, eating habits and smoking, are up to you. Your lifestyle choices can completely prevent type 2 diabetes or at least delay its onset until a much greater age.

If there is diabetes in your family, you should be careful not to put on weight over the years. Growth of the waistline, in particular, increases the risk of diabetes, whereas regular moderate physical activity will lower the risk. You should also pay attention to your diet: take care to eat plenty of fibre-rich cereal products and vegetables every day. Omit excess hard fats from your diet and favour soft vegetable fats.

Early stages of type 2 diabetes seldom cause any symptoms. If you scored 12-14 points in the Risk Test, you would be well advised to seriously consider your physical activity and eating habits and pay attention to your weight, to prevent yourself from developing diabetes. Please contact a public-health nurse or your own doctor for further guidance and tests.

If you scored 15 points or more in the Risk Test, you should have your blood glucose measured (both fasting value and value after a dose of glucose or a meal) to determine if you have diabetes without symptoms.

BODY-MASS INDEX

The body-mass index is used to assess whether a person is normal weight or not. The index is calculated by dividing body weight (kg) by the square of body height (m). For example, if your height is 165 cm and your weight 70 kg, your body-mass index will be 70/(1.65 x 1.65), or 25.7.

If your body-mass index is 25-30, you will benefit from losing weight; at least you should take care that your weight doesn't increase beyond this. If your body-mass index is higher than 30, the adverse health effects of obesity will start to show, and it will be essential to lose weight.

BODY-MASS INDEX CHART

